



### **To become a team ...**

- Get to know each other
- Do something social together
- Do something risky together
- Carry out a task together
- Express feelings about being in a group
- Identify your strengths and potential shortcomings to the group
- Identify skills that might be useful to the group
- Identify your preferences about how you like to work with others
- Do something creative together
- Play a game together
- Be 'better' than the other groups
- Have fun together

### **To avoid becoming a team ...**

- Don't join in
- Have an aimless chat
- Allow an individual to dominate
- Allow members to not join in
- Keep it formal, neutral and abstract

- Avoid any expressions of feelings
- Refuse to set yourself any task or goal
- Don't find out about each other
- Don't disclose anything about yourself
- Express criticism and hostility towards others
- Don't listen to each other
- Show no interest in the group

(Source: Gibbs, G. (1994) Learning in Teams: A Student Manual. Great Britain: Oxford Centre for Staff Development. p14)